

Welcome to the Nordic Food for Sustainability and Well-Being Webinar on November 5th, 2020

The webinar is hosted by the Raisio Research Foundation and the Food Chemistry and Food Development Unit, University of Turku.

Please register by 3rd of November via this link:

<https://konsta.utu.fi/Default.aspx?tabid=88&tap=9915>

PROGRAMME

SESSION I

09.00 Opening Words

Rector Jukka Kola (University of Turku)

Manager Ingmar Wester (Raisio plc Research Foundation)

09.15 The Role of Research in Food System Transformation

Research Professor Emerita Kaisa Poutanen (VTT)

09.45 Diet & Health – the Finnish perspective. The North-Karelia Project – are the findings still valid?

Research Professor Erkki Vartiainen (Finnish Institute of Health and Welfare, THL)

10.15 Novel Directions in Nordic Food Research

Professor Kati Hanhineva (University of Turku)

10.45 Multisensory Research for Sustainable Food Consumption

Professor Mari Sandell (University of Helsinki)

11:05 Innovation Case Benecol

Professor Helena Gylling (University of Helsinki)

LUNCH 11:35-12:30

SESSION II

12.30 Nordic Berries and Crops as Unique Health-Promoting Foods

Professor Baoru Yang (University of Turku)

12.50 Oat Your Gut and Well-being

Associate Professor Kaisa Linderborg (University of Turku)

13.10 NMR Metabolomics in Nordic Food Research

Assistant Professor Maaria Kortensniemi (University of Turku)

13.30 Future Challenges and Opportunities in Plant Breeding

Director Merja Veteläinen (Boreal Plant Breeding Ltd.)

COFFEE BREAK 15 min 13:45-14:00

SESSION III

14.00 Sustainable Development in Food Industry

Docent Mika Tuomola (Honkajoki Oy)

14.20 Saving the Planet Earth – Small Steps in the Right Direction in Food Sciences

Professor Emeritus Heikki Kallio (University of Turku)

14.40 Discussion

15:05 Closing Remarks

Professor Baoru Yang (University of Turku)