

SEMINAR

Nordic Food for Sustainability and Well-being

Presidentti auditorium, Mauno Koivisto Centre, BioCity (Tykistökatu 6A, Turku)
March 26, 2020 at 10:00–16:00

PROGRAMME

10.00 Opening Words

Research Director Ingmar Wester (Raisio plc Research Foundation)

10.15 The Role of Research in Food System Transformation

Research Professor Emerita Kaisa Poutanen (VTT)

10.45 Diet & Health – the Finnish perspective. The North-Karelia Project – are the findings still valid?

Research Professor E. Vartiainen (Finnish Institute of Health and Welfare, THL)

11.15 Novel Directions in Nordic Food Research

Professor Kati Hanhineva (UTU)

LUNCH (Restaurant Mauno)

13.00 Nordic Berries and Crops as Unique Health-Promoting Foods

Professor Baoru Yang (UTU)

13.20 Oat Your Gut and Well-being

Associate Professor Kaisa Linderborg (UTU)

13.40 Multisensory Research for Sustainable Food Consumption

Professor Mari Sandell (University of Helsinki)

14.00 NMR Metabolomics in Nordic Food Research

Assistant Professor Maaria Kortensniemi (UTU)

14.20 Future Challenges and Opportunities in Plant Breeding

Director Merja Veteläinen (Boreal Plant Breeding Ltd.)

COFFEE BREAK

15.20 Sustainable Development in Food Industry

Docent Mika Tuomola (Honkajoki Oy)

15.40 Saving the Planet Earth – Small Steps in the Right Direction in Food Sciences

Professor Emeritus Heikki Kallio (UTU)

16.00 End of programme



**TURUN
YLIOPISTO**
UNIVERSITY
OF TURKU